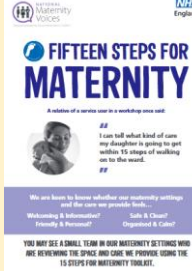


Are you interested in making a difference in local maternity services?

#YourVoiceCounts #WhatMatters2You?



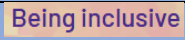

What interests you? Any questions about involvement: chair@wnecumbriamvp.co.uk
Spring 2018

A good way to find out what MVP is about is to come along to one of these meetings:



Carlisle & Eden Maternity Voices Meeting	Monday 25 th February 12.30pm	Happy Mums, Coach House, Aglionby Grange, Carlisle	Do come along and share your views on maternity services
West Cumbria Maternity Voices 15 Step Challenge	Monday March 4 th 11.00 am	Honister Ward 15 Steps Challenge 	Do join us to look at the refurbished facilities and postnatal extension to Honister Ward. What is a 15 Steps visit – – we need some parents to join us to help identify improvements. <u>The Fifteen Steps for Maternity - Quality from the perspective of people who use maternity services</u>
West Cumbria Maternity Voices Meeting	Monday March 4 th 1pm	Meeting Room outside Ward 2, WCH, Whitehaven	Do come along and share your views on maternity services
Carlisle & Eden Maternity Voices	Date to be confirmed soon	Cumberland Infirmary maternity & antenatal clinic 15 Steps Challenge	Do join us to look at the maternity facilities <u>The Fifteen Steps for Maternity - Quality from the perspective of people who use maternity services</u> Looking for some service users interested in being involved in facilities/ environment improvements at CIC – Alongside Midwifery Led Rooms; Family Friendly facilities etc

We are looking for experiences in these areas – Can you help?

Perinatal Mental Health			If you have experience of PNMH services and wish to share your experiences to improve care, please get in touch. MVP has representatives on the local PNMH steering group
SCBU/ Neonatal Care			We are looking for service users to share their experiences and be involved in this – Care at a distance, support
Transitional Care	Transitional Care Development for WCH & CIC		If you have experiences of baby being admitted to SCBU for IV antibiotics/ phototherapy would be good to hear from you. Transitional care will allow more babies to be cared for by Mum/ partner on postnatal ward. We have reps from Carlisle but no reps for West Cumberland yet

Breastfeeding/ Feeding Support			We have good involvement in looking at ways to improve feeding support, working in Coproduction on this, and working closely with public health consultant and midwife. More input and involvement welcomed. Would you be willing to write up your breastfeeding experiences to help improve support for others? Would you be willing to be involved in shaping support for Mums locally?
Pelvic Girdle Pain			We are actively listening to user experience stories about this – please get in touch if you have been affected by this as there is work ongoing to look at the PGP pathway
Harder to reach groups			If you are part of a vulnerable or harder to reach group, or are an advocate for one of those groups, we would like to hear from you, so we can support your group to be involved with maternity services.
Continuity of Carer			We are looking for a service user/s with interest in continuity of carer to attend this workshop – get in touch for more information. Improving relational continuity is an important aspect of implementing Better Births

Yes, Even More Involvement Opportunities! – We do need your input, nothing is a fixed commitment – we work very flexibly!

Cumberland Infirmary Labour Ward Forum Rep	Ongoing – 1 meeting monthly		Looking for a regular representative for Maternity Voices to attend labour Ward Forums – could be a shared role – what does this involve? Ask: chair@wnecumbriamvp.co.uk
West Cumberland Labour Ward Forum Rep	Ongoing – 1 meeting monthly		Looking for a regular representative for Maternity Voices to attend labour Ward Forums – could be a shared role. what does this involve? Ask: chair@wnecumbriamvp.co.uk
Social media admin	Ongoing		Help us out as admin on our various social media. Needs some more voices and diversity
Involving Dads and Partners	Ongoing		Maternity Voices want to make sure that Dads/ partners are fully involved, and we would like there to be a Dads/ partners Facebook group – can you help us with that we do have a couple of interested Dads but needs some more input...
Poster design			Do you have some desk-top publishing skills?
Bereavement & Loss			If this is an area that you would like to work with us on service improvements, please get in touch
Experience Surveys			We would like persons with interest in survey design, data analysis to help us hear more feedback from parents

If you have an interest in a maternity improvement and it is not listed – do get in touch
chair@wnecumbriamvp.co.uk

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#TALK TO US ABOUT MATERNITY SERVICES

