

A big **Thank You** to everyone who made it to our joint MVPs Summer Workshop (some of you made it into the photo below). We had 4 topic focussed activity sessions, plus a picnic and cake break. Kids had a great time too. This is a summary of our workshop outputs.



Welcome to the MVP Summer Workshop



1. Maternity Facilities Parents Statement to Draft



We discussed the maternity facilities parents wanted to experience, building on earlier feedback and discussions with service users, and findings from two 15 Step Challenge visits to WCH Maternity.

Some key points: Partners should be able to stay as much as Mums want and facilities needed for them. Lack of single room/ en-suite accommodation limits this. Need to consider privacy needs of all Mums on the ward.

Importance of Privacy, paper curtains do not provide real privacy.

Layout of maternity so that postnatal visitors do not need to walk through antenatal wards

Separate facilities for induction that provide privacy and separation from women with antenatal pregnancy complications (single rooms would provide that separation).

More baths available only one for antenatal and postnatal combined not enough.

Birth pools in most delivery suite rooms

Proximity of car parking spaces close to entry to maternity delivery suite.

Improved lighting that could be controlled to create mood wanted.

Install light panels in ceiling of rooms without any windows. Ideally all rooms should have windows though.

Next Steps: This feedback will be put with the other feedback received to inform the Maternity Facilities Parent Statement and presented to MVP meeting and Estates Department.

2. Continuity of Carer discussions & comment

Continuity of Carer is key part of the Better Births Transformation of maternity care.

At the workshop we reviewed a presentation which captured what Mums and partners have told our MVPs they value about continuity of carer and midwife relational care they value, since Better Births launched. The presentation will be on our website soon https://www.wnecumbriamvp.co.uk/continuity-of-carer

The group looked at a local Continuity of Carer poster that has been produced by midwifery team.

Summary:

"I would struggle to understand what it was all about".

"I don't understand point of poster, it isn't raising awareness of the service you will get as a mother. It needs to say exactly what the service will be like".

What will be different for women on continuity of carer pathway from women not on the that pathway in terms of building relationships?

No mention of named midwife role which women value

No info given on how Mums will be forming a trusting a relationship with their midwife.

Mums did not feel up to 8 midwives was a small team

Women present said that they felt 'lucky' getting contact with same person antenatally in their most recent pregnancies.

Suggestion made that poster should show 1 - 2 midwives with a woman supporting her on her pregnancy journey.

Next Steps: Feedback the full discussion comments to next MVP meetings, and to the Continuity of Carer Steering group for response.

3. Starting Well in Maternity Guides for comment

The MVP has been involved with the Starting Well in maternity programme for the last 18



months. Taking on learning from workshops across the 8 priority areas.

A simple Guide has been produced or each priority – the MVP shared the drafts of these for final comments. We submitted additional comments on Health Weight; Safer Spacing; Breastfeeding & Domestic Violence

The MVP has been thanked for our support with this programme and taken an active role in informing and shaping the content of the guides.

Next Steps: This feedback has been shared with

Public Health consultant. The MVP will promote the Starting Well in Maternity Guides on our website & social media.

4. MVP Service User Rep for information



We are trying out our first draft Service User Rep Info pack. This presently covers: What is an MVP, Where MVPs fit in the NHS system, Role of the MVP Service User Rep, MVP Values & Nolan Principals, Opt-in Consent for Feedback & Confidentiality Agreement to be signed by user reps.

Each User Rep given an MVP lanyard to use when doing outreach and 15 Step Visits. The service user reps who have so far received these packs are service user reps with reasonably good understanding of what an MVP is and how it works. The pack builds on this knowledge & reinforces the need for Opt-in Consent when collecting service user feedback and covers Nolan Principals which is appropriate for an NHS working group.

Next Steps: Make sure that all User Reps have received Information Pack. Get feedback. Update MVP SUR membership list. Continue work on MVP governance.



5. Bereavement & Baby Loss

This wasn't planned topic at summer workshops – but it is a topic of current interest to MVP as a result of feedback from service users about gaps in support for pre 16- week miscarriage/ baby loss. And therefore, came up in discussions.

Message strongly felt that the baby service at the Crematorium needed to be promoted better to parents (it is held last Wednesday of the month) – in a timely way so that parents know when their baby being cremated. Parents are not been given this level of information peer to peer miscarriage/ baby loss group feedback is revealing.

Next Steps: This information will be shared at the MVP meeting. MVP will ask for Gynaecology Early Pregnancy Assessment Clinic to be informed of feedback, and ask to be involved in reviewing the see literature that is available to parents in clinic and on Badger Net Parent App.